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Yale University in publishing its Vocational Series. These books are written by the most authoritative persons obtainable, and they seek to give the reader all the information at hand, both for and against the different vocations discussed. The volume¹ here reviewed has to do with the profession of teaching. The author says, "To be helpful to one who wishes to decide whether it will be wise for him to adopt teaching as his profession, or to one who has already adopted it and is just entering upon his new work, is the aim of this book." This aim is fully carried out. Some of the author's sentiments are tinged with those of the "old school," but a majority of his thoughts about teaching are strictly up to date and unquestionably true.

No young man should enter a calling for life unless he knows what the calling has to offer him, whether he has the necessary qualifications to make good in this calling, and how he can best prepare to fulfil all the duties connected therewith. These things are clearly set forth in this volume. The book does not deal with comparisons and contrasts between teaching and any of the other professions; it deals strictly with the importance of the great art of teaching. Chapters i to iv are given to a discussion of the advantages, disadvantages, qualifications, and education of the man or woman who wishes to be a teacher. Chapters v, vi, and vii are devoted to instruction and government in the school. Chapter viii gives some of the qualities that are necessary to be an efficient teacher in a college. Chapter ix deals with a few general suggestions that are practical and helpful to prospective teachers, while chapter x shows how many of the local factors in a community may be improved so as to give the neighborhood the very best of schools. The last chapter is devoted to a brief historical account of nine of our greatest teachers in the history of the United States.

Every Step in Canning.—Teachers of domestic science and others will be delighted to learn of a new book² which gives in detail all the essentials in canning foods by the cold-pack method. Before the war our nation had grown more or less careless about the canning of foods. The necessities of war forced upon our attention the fact that we were as a people too dependent upon factory preservation of foods. The United States Government gave to our people a new method of putting up foods and little by little this method has become known throughout the land. It is still too little understood by our women and this book will undoubtedly serve a great purpose to spread the gospel of conservation of food products.

The text itself lives up to its title and really does show clearly and plainly how nearly all foods can be kept for a long time. Many things that the average person is prone to believe cannot be canned in the home are here shown to be as easily and as safely preserved as those which we have been used to canning. The author has made a conscious effort to be practical in her suggestions, and therefore fine-spun theories have been omitted. Tables, diagrams, and recipes

¹ HENRY PARKS WRIGHT, *The Young Man and Teaching*. New York: Macmillan Co., 1920. Pp. xiv+211. \$1.50.

² GRACE VIALI GRAY, *Every Step in Canning*. Chicago: Forbes & Co., 1919. Pp. vii+253. \$1.25.

are put in frequently enough to make the text a useful one. A list of firms furnishing supplies for canning, drying, and preserving is given in the last pages so that if the local dealers are not prepared to furnish the student, school, or home with the required materials, a source of supply is at hand.

The vein of pleased surprise shown in the preface is quite contagious, and the lack of knowledge about canning which she found is told in a way that inspires a domestic science teacher to push forward and help enlighten our high-school girls in the business of food conservation.

*Basket Ball and Indoor Baseball for Women.*¹—Basket ball and indoor baseball for women are two games that are rapidly growing in popularity. The book under review fills a long-felt need in that it sets forth the principles of successfully playing these games. Coaches have for some time needed such a guide and it is more than likely that they will find here a presentation of the essential features of these two games which will lighten their labors very appreciably. Experts have here given the gleanings of their long experiences. They have included sixteen excellent illustrations and thirty-seven diagrams, making clear the different points in the game of basket ball. Twelve illustrations and thirteen diagrams are used in making plain the crucial principles of indoor baseball.

Such topics as passing, catching, guarding, shooting, team play, and signals are taken up in connection with basket ball. Fielding, throwing, catching, batting, base running, team play, practice, and signals are discussed in that portion dealing with indoor baseball.

It is believed that coaches, instructors, and players will find this a very helpful handbook in teaching or taking part in these delightful indoor games.

The recreation movement.—An important little pamphlet² has just appeared which deals with the subject of play and recreation and the proper use of leisure time. Besides a brief discussion of the history of the recreation movement in America, the pamphlet contains a chapter on each of the following subjects: municipal year-round recreation system, administration, budgets and finances, management of the individual system, the individual playground, neighborhood recreation center, and community activities. There is also an appendix which contains a general bibliography on play and recreation, sample programs for a park playground and picnic ground of five acres, publicity material, and instructions to playground workers. Organizers and supervisors of outdoor playgrounds will find much of practical value in this brief presentation of a subject which is certainly one of the biggest single factors in the constructive social program of the day.

Training teachers of agriculture.—Teacher-training is a subject that has been gaining in emphasis throughout the years. During the period of the war the

¹ HELEN FROST and CHARLES DIGBY WARDLAW, *Basket Ball and Indoor Baseball for Women*. New York: Charles Scribner's Sons, 1920. Pp. xvii+154. \$1.50.

² *Community Recreation*. New York: Playground and Recreation Association of America, 1919. Pp. 122. \$0.30.